

Ruth C. White

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My goal is to educate the next generation of human service practitioners and leaders with a commitment to social change and social justice. My passion is working with individuals, organizations and communities to build client-driven, evidence-based and sustainable solutions in mental health & wellness, social welfare, human resources and diversity/inclusion. Skilled in economics, sociology, social work and public health, I take an interdisciplinary, collaborative and activist approach.

EDUCATION

Ph.D. University of California, Berkeley (Social Welfare)
M.P.H. University of California, Berkeley (Maternal & Child Health; International Health)
M.S.W. McGill University, Montreal, QC, Canada
B.Soc.Sci. University of Ottawa, ON Canada (Sociology)
B.S.W. McGill University, Montreal, QC Canada

Other courses

London School of Economics & Political Science: Public Finance; Political Economy of Public Policy.

Seattle University: Microeconomic Principles; Macroeconomic Principles; Intermediate Microeconomics; Intermediate Macroeconomics; Economics of Gender and Family; Financial Accounting; Human Resources Management.

TEACHING POSITIONS

2013 – present Clinical Associate Professor, School of Social Work, University of Southern California
2019 Lecturer, School of Social Work, Fordham University
2019 Lecturer, School of Social Work, University of California, Berkeley
2009 – 2013 Associate Professor, Dep't of Anthropology, Sociology & Social Work, Seattle U.
2002 – 2009 Assistant Professor, Dep't of Anthropology, Sociology & Social Work, Seattle U.
1999 – 2002 Adjunct Professor, School of Social Work, San Francisco State University, CA
1998 – 1999 Teaching Assistant, School of Social Welfare, University of California, Berkeley
1992 Lecturer, Social Services Technician Program, Seneca College, Toronto, Canada
1991 Teaching Assistant, School of Social Work, McGill University, Montreal, Canada

VISITING AND AFFILIATE POSITIONS

2008 – 2009 Research Affiliate, Makerere University, Kampala, Uganda

RESEARCH, PRACTICE & WRITING

Mental health & well-being; Social/cultural determinants of health; Stress Management; Diversity, Equity & Inclusion; Destigmatizing mental health/illness

SOCIAL WORK PRACTICE

Post-MSW

2010 Social Worker, Child Protection & Assessment Team, London Borough of Redbridge, UK
1993 – 1994 Social Worker/Intake Coordinator, Florence Crittenton Services, San Francisco, CA, USA
1993 – 1994 Consultant, Iris Center, San Francisco, CA, USA
1991 – 1993 Social Worker, Metro Toronto West Detention Center, Toronto, ON Canada

Pre-MSW (BSW)

1989 – 1991 Youth Worker, Shawbridge Youth Centres, Montreal, PQ, Canada

COURSES TAUGHT

Graduate Courses

- Leadership and Management in the Social Work Profession (2019)
- Research and Evaluation for Communities, Organizations & Businesses (2014 – 2015; 2018)
- Policy and Advocacy in Professional Social Work (2013 - present)
- Management and Organization for Social Workers (2013 – present; course lead)
- Social policy (1999 – 2002)
- Statistics (1999 – 2002)
- Research Methods (1999 – 2002)
- Ethnic & Cultural Concepts and Principles (1999 - 2002)

Undergraduate Courses

- Contemporary Social Policy and Services (service-learning) (2002 - 2013)
- Social Work with Communities and Organizations (service-learning) (1999 – 2013)
- Data Analysis (2002 – 2012)
- Race & Ethnicity (2002 - 2012)
- Health and Human Services in Belize (study abroad) (2005 – 2008; 2011)
- Introduction to Social Work (service-learning) (2006 – 2012)
- Global Social Welfare & International Aid (2004 – 2012)
- Group Work (2002 – 2007)
- Sociological Methods (2002 – 2004)

RESEARCH POSITIONS

- 1997 – 2002 Research Analyst, SRI International, Menlo Park, CA, USA
 Projects: Community Partnerships for Healthy Children; Teen Pregnancy Prevention Initiative; Housing for Emancipated Youth; Project Help
 Program evaluation and evaluation technical assistance to community-based projects in health and social welfare. Funders included California Wellness and Sierra Foundations.
- 1994 – 1998 Research Assistant, School of Social Welfare, University of California, Berkeley, USA
 Projects: Education Now & Babies Later; Information and Education; California Social Work Education Center
 Evaluated California Department of Health Services sexual health promotion and teen pregnancy prevention campaigns. Authored sexual health curriculum and child welfare resource manuals. Developed and implemented training of child welfare workers in ethnic-sensitive risk assessment.
- 1996 Research Assistant, School of Public Health, University of California, Berkeley, USA
 Project: Extended Family Planning Clinic
 Researched and developed protocols for over-the-counter distribution of oral contraceptives.
- 1996 Focus Group Facilitator
 UC Data Survey Research Center & Institute for Health Policy Studies
 Project: Low-income women’s experiences with family planning.
- 1996 Program Assistant, School of Medicine, University of California, San Francisco, USA
 Project: Family Health Outcomes Project
 Authored monograph for monitoring maternal & child health outcomes of African Americans by public health departments across the USA.

1994 Consultant, Alan Guttmacher Institute, New York;
Principal Investigator: Dr. Jennifer Frost
Project: "Teenagers' pregnancy intentions and decisions".
Pilot-tested survey on a San Francisco sample of pregnant and parenting teenagers.

GRANTS & FELLOWSHIPS

2012 – 2013 World Affairs Council (Seattle) Fellow

2008-2010 Principal Investigator, *Factors influencing choice of maternity services in Njeru, Uganda*. SU Endowed Mission Fund

2006 – 2007 SU Center for the Study of Justice in Society Justice Faculty Fellow: *Global bioethics as an instrument of social justice*

2005 – 2006 SU Center for the Study of Justice in Society Justice Faculty Fellow: *Taking Africa seriously: In three steps*

2004 – 2005 Principal Investigator. *Seattle University's Tent City Initiative*

2005-2009 Principal Investigator/Program Director, *Maama Omwaana Safe Motherhood Initiative* SU Endowed Mission Fund (2005, 2006, 2007); Summer Faculty Fellowship (2008)

2004 Principal Investigator. *Social factors affecting adherence to anti-retroviral drug regimens among Jamaicans living with HIV/AIDS*. Funded by Seattle University (SU) Endowed Mission Fund.

2003 Principal Investigator. *HIV/AIDS stigma and discrimination in Jamaica: Homosexuality, gender, color, and class*. Funded by SU Endowed Mission Fund, SU Arts & Sciences Faculty Grant for Creative Work & Scholarship, and SU Center for the Study of Justice in Society.

1996 UC Berkeley Center for Latin American Studies Travel Grant; UC Berkeley Pre-Dissertation Research Grant

CONSULTING

2019 Los Angeles Department of Mental Health (De-stigmatizing mental illness)

2019 Pulse 2019 Conference (Diversity)

2019 Gainsight (Diversity)

2015 JPMorgan Chase (Diversity; Mental Wellness)

PUBLICATIONS

Books

White, R. C. (2018). *The Stress Management Workbook*. Callisto Media

White, R. C. (in progress). *Four Simple Steps to Mental Well-being*. Carlsbad, CA: Motivational Press

White, R. C. (2014) *Preventing Bipolar Relapse*. Oakland, CA: New Harbinger Press.

White, R. C. (2014) Editor. *Global Case Studies in Maternal and Child Health*. Boston: Jones & Bartlett.

White, R. C. & J. Preston (2009). *Bipolar 101: A practical guide to identifying triggers, managing medications, coping with symptoms, and more*. Oakland, CA: New Harbinger.

Peer-Reviewed Articles

Camacho-Carr, K. & White, R.C (2012). [Focus group and health teaching with Traditional Birth Attendants in Njeru, Uganda](#). *International Journal of Childbirth*,2(1).

White, R. C. (2007/2008). [Instructor disclosure of mental illness in the social work classroom](#). *Social Work Forum*, 40/41, 127-142.

White, R.C., & Camacho-Carr, K. (2007) Maama Omwaana: Community-based strategies for increasing utilization of maternity services in Njeru, Uganda. *African Journal of Midwifery and Women's Health*, 1(1), 14-19.

White, R. C. (2006). [Opportunities and challenges for social workers crossing borders](#). *International Social Work*, 49(5), 629-640.

White, R. C., & Carr, R. (2005). [Homosexuality and HIV/AIDS stigma and discrimination in Jamaica](#). *Culture, Health and Sexuality*, 7(4), 347-359.

White, R. C. (2004). [Health Belief Model, condom use and Jamaican adolescents](#). *Social and Economic Studies*, 53(2), 155-186.

Book Chapters

White, R. C. (2008). Finding my mind. In S. P. Hinshaw (Ed.), *Breaking the Silence: Mental health professionals share their personal and family experiences of mental illness*. New York: Oxford University, p. 44-69.

White, R. C. (2007). Opportunities and challenges for social workers in the transnational labor force. In L. Dominelli et al. (eds.), *Revitalising Communities in a Globalising World*, Burlington, VT: Ashgate, p. 361-374.

White, R. C., & Gerke, D. (2007). Gendered experiences of sexuality-based discrimination in Jamaica. In M.V.L. Badgett and J. Frank, *Sexual Orientation Discrimination: An international perspective*, New York: Routledge, p. 153-163.

Encyclopedia

White, R. C. (2009). AIDS and International Women's Health. *Encyclopedia of Gender and Society*. Sage.

Book Reviews

White, R. C. (2006). Department of Health and Human Services, Ending the Document Game: Connecting and transforming your healthcare through information technology. Monroe, ME: Common Courage. *Journal of the National Medical Association*, 98(9), 1556.

- White, R. C. (2006). John Geyman, Falling through the safety net: Americans without health insurance. Monroe, ME: Common Courage. *Journal of the National Medical Association*, 98(7), 1197-1198.
- White, R. C. (2004). Makeda Graham, Social work and African-centred worldviews. London, UK: Venture. *Journal of Ethnic and Cultural Diversity in Social Work*, 13(2), 122-125.
- White, R.C. (2003). Doman Lum, Ed., Culturally competent practice: A framework for understanding diverse groups and justice issues. Pacific Grove, CA: Brooks/Cole. *Journal of Ethnic and Cultural Diversity in Social Work*, 12(3), 115-117.

Monographs

- White, R C., Austin, M. J., & Murillo, P. (1998). *Ethnic sensitive risk assessment*. Berkeley, CA: Bay Area Training Academy. Bay Area Social Services Consortium.
- White, R. C. (1997). *Maternal and child health outcomes of African Americans*. San Francisco, CA: Family Health Outcomes Project. UC San Francisco School of Medicine.
- Becker, M. G., Barth, R. P., Cagampang, H. H., & White, R. C. (1996). *Power through choices: Sexuality education for youth in foster and group care*. Tulsa, OK: National Resource Center for Youth Services.
- White, R. C., Tracy, L. & Clarke, S. (1994). *Resource guide for ethnic sensitive practice in child welfare*. Berkeley, CA: California Social Work Education Center.
- White, R. C., Tracy, L. & Clarke, S. (1994). *Resource guide for workplace and child welfare management*. Berkeley, CA: California Social Work Education Center.

OpEds/Popular Press/Blogs

- White, R. C. (2019). [Why we need role models to de-stigmatize mental illness](#). *Thrive Global*. January 29
- White, R. C. (2018). [Culturally competent care can help African American mental illness stigma](#). *Modern Healthcare*. September 22.
- White, R. C. (2018). [We need to normalize mental health in the black community](#). *Thrive Global*. July 27. Op/Ed
- White, R.C (2018). [Stress Management for Social Work Managers](#). *Network for Social Work Managers*. January 18. Blogpost.
- White, R.C. (2017). [Volunteer Management: Recruiting and retaining the best 'free' talent](#). *Network for Social Work Managers*. November 13. Blogpost.
- White, R.C. (2011 -). Culture in Mind. Blog. Psychology Today <http://www.psychologytoday.com/blog/culture-in-mind>
- White, R.C. (2011 - 2017). Provoking Policy. Blog. <http://provokingpolicy.blogspot.com/>
- White, R. C. (2008 -). Bipolar 101. Blog. <http://bipolar-101.blogspot.com/>

- White, R. C. (2014). (gay Jamaicans seeking asylum in the US), *The Economist*, October 25. (Letter to the Editor)
- White, R. C. (2014). Gay rights are human rights. *The Gleaner* (Jamaica), May 27. (Op/ed)
- White, R. C. (2013). (sexual harassment in the workplace), *Financial Times*, March 6. (Letter to the Editor)
- White, R.C. (2011). So what if I'm crazy? *Black Voices. Huffington Post*. August 15. (column)
- White, R.C. (2010). Combating mental health stigma. *Pendulum* (UK), December. (feature)
- White, R.C. (2008). Get talking about teen pregnancy. *Parent Map*, January, (on-line column)
- White, R.C. (2007). Hunger in a land of plenty. *Parent Map*, November, (on-line column)
- White, R.C. (2007). Health care for children: A right or a privilege? *Parent Map*, November, (column).
- White, R.C. (2007). Family values platform not reflected in policy. *Seattle Post-Intelligencer*, Oct 2, (Letter to the Editor).
- White, R.C. (2006). I am not a scary person. *Seattle Times*, October 26, (Letter to the Editor).
- White, R.C. (2006). Stamping out ignorance. *Black Enterprise*, July, (Letter to the Editor).
- White, R.C. (2006). Making every mother and child count. *Seattle's Child*. Vol 27, 2 (May: Cover), p.14-17.
- White, R.C. (2006). Parents turn anger into advocacy. *Seattle's Child*. Vol 26, 12 (March: Cover), p.12-14, 16.
- White, R.C. (2005). The parent track. *Seattle Times*, October 8, (Letter to the Editor).
- White, R.C. (2005). Kids belong at top of list of priorities. *Seattle Post-Intelligencer*, (column) May 5. p. B7.
- White, R.C. (2004). Knowledge is virtue. *Seattle Times*, December 15, (column).
- White, R.C. (2004). Homophobia, violence, poverty and HIV/AIDS. *Jamaica Gleaner* (column) August 16

PEER-REVIEWED PRESENTATIONS & INVITED TALKS

2019

Mental health at work. California Diversity Council Meeting. July 9. Speaker.

Out at work. LGBTQ+ Summit. San Francisco, CA. Jun 11. Panelist

Maximizing social work: The not-so-traditional paths for your social work skills and experience. Seattle University, Seattle, WA. May 16

Elevating Social Work. Kaiser Permanente Social Work Month Celebration, Oakland, CA. March 20

2018

Improving mental health among African Americans. NAACP National Convention. July 16. Keynote.

2017

Mental Wellness: Managing Stress and Building Emotional Resilience. Oakland Rotary Club, September 27. Keynote

Multi-disciplinary, Inter-professional and Cross-cultural Service Learning: A case study in community/university partnership. International Consortium on Social Development, Zagreb, Croatia, July 10. (peer reviewed)

2016

Best Practices in Workplace Mental Health. Annual meeting of the American Public Health Association, Denver, CO, October 31. (peer reviewed)

Ten Strategies for Talking About Race in the Classroom. Diversity in Organizations, Communities and Nations, Granada, Spain, July 28. (peer reviewed)

Prevention Strategies in Workplace Mental Health: Best Practices. International Conference on Social Work in Health and Mental Health, Singapore, June 22. (peer reviewed)

2015

On being the other everywhere: Transnational identities and globalization. Diversity in Organizations, Communities and Nations, Hong Kong, July 15. (peer reviewed)

Four behavioral strategies for preventing bipolar symptoms. Depression and Bipolar Support Alliance, San Francisco, June 24. (invited)

On-the-ground to in-the-air: Pedagogical and administrative considerations for online success. International Education Conference, London, June 8. (peer-reviewed)

SNAP: A simple four-step process for preventing bipolar relapse. National Alliance on Mental Illness, San Francisco, March 21. (invited)

SNAP: A simple four-step process for preventing bipolar relapse. National Alliance on Mental Illness, West Los Angeles, March 4. (invited)

2014

The stigma of mental illness: a social work perspective. Invited lecture. School of Social Welfare, University of California, Berkeley, September 22.

Living with Stigma: Mental illness and the 'spoiled identity'. Oral presentation. Identities and Representation Conference. Lisbon, Portugal. September 12. (Peer-reviewed)

SNAP: A simple 4-step plan for preventing bipolar relapse. Webinar. International Bipolar Foundation. June 4.

First Take Your Meds: The role of social work in medication adherence in mental health. Oral presentation. International Conference on Sociology and Social Work, Los Angeles, CA May 20. (Peer-reviewed)

2013

Maama Omwaana: A tale of partnerships and community building. Oral presentation. American Public Health Association, Boston, MA November 5. (Peer-reviewed)

Adherence to Medication in Bipolar Disorder: A subjective narrative. Oral presentation. American Public Health Association, Boston, MA November 5. (Peer-reviewed)

Hypergraphia and Bipolar Disorder: An exploration. Oral presentation. Making Sense of Madness Conference, Oxford, UK, September 18. (Peer-reviewed)

Global citizen vs global subject: Study/Service abroad and implications for local populations. Oral presentation. The Learner Conference, Rhodes, Greece, July 12. (Peer-reviewed)

2012

Community-Based Participatory Research. Invited lecture. PhD Pro-Seminar Series. George Warren Brown School of Social Work, Washington University, St. Louis, MO. November 16.

Crazy Talk: From stigma to strength. Invited Lecture. George Warren Brown School of Social Work, Washington University, St. Louis, MO. November 16.

Culture and maternal and child health: Implications for global health practice. Invited lecture. Anthropology and Public Health. Department of Anthropology. Washington University, St. Louis, MO. November 16.

Crazy Talk: Challenging the stigma of mental illness. Invited lecture. Chicago School of Professional Psychology, Chicago, IL. October 15.

White, R. C. *Walking the line: Madness as identity, illness and inspiration.* Oral presentation. Global Conference: Probing the Boundaries of Madness. Oxford, UK. Aug 30-Sept 1. (Peer-reviewed)

White, R. C. *Service learning as pedagogy and practice: Challenges and opportunities.* Oral presentation. International Conference on Learning, London, UK, August 14-16. (Peer-reviewed)

White, R. C. *The Dream Act and the politics of undocumented immigration in the USA: Rights, Justice, Activism.* Oral presentation. Sociology and Contemporary Global Social Activism Conference, London, UK, June 15. (Peer-reviewed)

Comparative Perspectives on Reproduction: the OECD and the USA. Invited lecture. Evergreen State College, Olympia, WA, February 8.

2011

White, R.C. *Learning from the black diaspora.* National Medical Association Annual Convention and Scientific Assembly. Washington, DC. July 23-27. (Accepted for oral presentation)

White, R. C. *Destigmatizing psychological distress and mental illness on campus*. American College Health Association, June 2. (Accepted for poster presentation)

White, R. C. *Building policy practice through service learning*. Oral presentation. Continuums of Service Conference, San Diego, April 27-29. (Peer-reviewed)

The trans-national labor force. Exploring Immigration in the United States. Lecture, Seattle U. March 10.

The self in global engagement. The Henry McGee Global African Studies Faculty Lecture, Seattle U. Feb 8.

2010

White, R. C. *Social development and the improvement of health in communities*. Joint World Conference on Social Work and Social Development, Hong Kong, June 10-14. (Accepted for oral presentation)

White, R.C. *Indigenous voices in Academia: Opportunity, legitimacy and value*. Oral presentation. Annual Meeting of the Society for Applied Anthropology, Merida, Mexico, March 24-27. (Peer-reviewed)

2009

White, R.C. & Fricas, J. *Integrating effective service learning content into education abroad courses*. Oral presentation. Annual Continuums of Service Conference, Seattle, April 16-18. (Peer-reviewed)

White, R.C. & Fricas, J. *Service learning in Belize: a social work and nursing collaboration*. Poster presentation. NAFSA: Association of International Educators Annual Conference, Los Angeles, May 24-29. (Peer-reviewed)

2008

White, R.C. *Infusing social justice principles into the research process*. Oral presentation. National Jesuit Student Leadership Conference, Seattle, WA, August 1. (Peer-reviewed)

Green/Pink Summit: Reproductive Justice and Environmental Sustainability Symposium, Panel Discussant, Seattle University, June 3. (Invited)

Politics of global health: Who's setting the agenda for health services and aid? Panel discussant. Covering global health: A primer for journalists. Seattle, WA, May 2. (Invited)

The language and ethics of globalization. Panel discussant. Globalization and Justice: Interdisciplinary Dialogues, February 21, Seattle. (Invited)

The complexity of African American identity. Keynote speaker. African American Soul Day, South Seattle Community College, February 5.

2007

Global health: Why should you care? Panel discussant. Washington Health Legislative Conference, Seattle, WA, December 11. (Invited)

White, R. C. *Imagining the Family: Interdisciplinary Perspectives*. Panel Presentation. Intersections of Race and Gender: (Re)Imagining the Family, April 12. Seattle, WA. (Peer-reviewed)

2006

Supporting the mentally ill. Invited lecture. Southwest Mental Health Ministry Annual Symposium. Seattle, WA, October 21.

White, R.C., Camacho-Carr, K., & McAllister, L. *Maama Omwaana Safe Motherhood Initiative*. Oral presentation. Eastern, Central and Southern African College of Nursing Conference. Kampala, Uganda, August 15. (Peer-reviewed)

White, R.C., Camacho-Carr, K., & McAllister, L. *Learning Together to Improve Maternal & Child Health: The Maama Omwaana Project, Njeru, Uganda*. Community-Campus Partnerships for Health Annual Conference, Minneapolis, Minnesota, May 31- June 3. (Poster accepted)

Future of social work. Panel discussant. National Association of Social Work Washington State Conference, Seattle, WA, April 22. (Invited)

Sustainability for Healthy Communities: Partnering Transculturally. Keynote address. Engineers Without Borders International Conference, Houston, TX, February 17.

White, R.C. *Accessing hidden populations in a foreign country: same sex partners in Jamaica*. International Congress of Qualitative Inquiry, Urbana-Champaign, Illinois, May 4-7. (Accepted for oral presentation)

2005

White, R.C. *Fighting Homelessness: Multi-Sector Partnering to Promote Community Engagement For Social Change*. Oral presentation. United Nations International Conference on Engaging Communities, Brisbane, Australia, August 17. (Peer-reviewed)

Asset-Based Community Development in Action. Invited lecture. School of Social Work and Applied Human Sciences, University of Queensland, Brisbane, Australia, August 16.

Bringin' in da spirit. Panel discussant. African American midwifery, Seattle, April 9. (Invited)

White, R.C. *Information as power: Disempowerment of women during pregnancy by traditional medical systems*. (RE)Examining Race and Gender. Seattle, WA March 4-5. (Peer-reviewed)

Hunger in a world of plenty. Keynote. Hunger Banquet, Seattle University, February 16.

2004

White, R.C. *A social work education response to HIV/AIDS stigma and discrimination*. Oral presentation. Global Social Work Congress, Adelaide, Australia, October 2-5. (Peer-reviewed)

White, R. C. *Highlights of the social welfare system of the USA. Comparison with the European Union*. Invited lecture in week-long workshop: The European Union – A social Union? Goals and challenges of a European social policy (Sep 19-24). Brussels, Belgium. (Invited)

White, R. C. *Gender issues in experiences of homophobia in Jamaica: Results from an exploratory study*. Oral presentation. Annual meeting of the Caribbean Studies Association, St. Kitts, June 3. (Peer-reviewed)

White, R. C. *Gender, power and condom use decision-making among Jamaican adolescents*. Oral presentation. Regional Symposium on Gender, Sexuality & Implications for Substance Use and HIV/AIDS, Trinidad & Tobago, March 12. (Peer-reviewed)

2003

Conducting qualitative research with hidden populations in Jamaica. Invited lecture. Qualitative Technologies Group of the Puget Sound, December 16.

AIDS & Stigma, AIDS Day Lecture, Seattle University, December 1.

White, Ruth C. (2003). *Forms and determinants of HIV/AIDS stigma and discrimination in Jamaica*. Oral presentation. Annual meeting of the American Public Health Association, San Francisco, November 17. (Peer-reviewed)

The politics of fear. Panelist. Magnolia Neighborhood Peace Project, Seattle, November 12. (Invited)

White, R.C., & Carr, R. (2003). *Homophobia and HIV/AIDS stigma in Jamaica: Class, gender and culture*. Oral presentation. Biennial conference of Caribbean and International Social Work Educators, Barbados, July 29. (Peer-reviewed)

White, R.C. (2003). *Problem-based learning in the social work classroom*. Oral presentation. Biennial conference of Caribbean and International Social Work Educators, Barbados, July 31. (Peer-reviewed)

2002

White, R.C. *Impact of culture, gender and class on the utility of the Health Belief Model in understanding abstinence, monogamy and condom-use among adolescents*. Oral presentation. Annual meeting of the American Public Health Association, Philadelphia, PA, November 12. (Peer-reviewed)

On becoming African American. Invited lecture at Race, space and place: Living in America conference. Seattle University, November 8.

Social justice in a diverse world: The challenge for social work in the 21st century. Faculty keynote. San Francisco State U. School of Social Work graduation ceremonies, Oakland, CA, May 26.

1990-2002

The reproductive health behavior of Jamaican adolescents: Observations from the literature. Drake Lecture. Department of African American Studies, UC Berkeley, March 5, 1996.

Towards a model for cross-cultural social work practice with young offenders. Invited Lecture. Consultation Meeting of the Canadian Association of Schools of Social Work Task Force on Multicultural and Multiracial Issues in Social Work Education, Ottawa, Canada, February 24, 1990.

MEDIA

- 2019 *Destigmatizing mental health among African Americans*. Wake up with Wurd, WURD Radio, May 8.
- 2019 *Young men get candid about how #MeToo is impacting them*. The Today Show (NBC), Feb 6.
- 2018 *Suicide among African American males and mental health stigma*. The Afternoon Drive with Cliff Kelley, WVON Radio, Chicago, December 19.
- 2018 *Dodge Second Hand Stress*. First for Women (magazine), featured expert, November 26 (p.49).
- 2016 *Here's what Hollywood gets wrong about bipolar disorder*. Vh1, Featured guest, May 5.
- 2016 *These are the faces of mental illness. My bipolar disorder was misdiagnosed as ADHD*, Women's Health, May.
- 2015 *How accurate is Empire's portrayal of bipolar disorder*, by Aisha Harris, featured expert, March 10.
- 2015 *Asylum in the USA for gay Jamaicans*, Letter to the Editor, The Economist, October 25.
- 2014 *Relationships 2.0 with Dr. Michelle Skeen* (KCAA 1050 AM, CA), Featured guest, Oct 7.
- 2014 *The Why Factor: Racism*. BBC World Service. Featured expert, April, 11.
- 2013 SNAP program featured in 6 Spanish language media articles in Spain and the Americas.
- 2013 *'Talk up Yout'* (Jamaica) TV show. Featured expert (3 episodes).
- 2013 *Shine from Yahoo: 'GQ publishes offensive "Hottest Women" list.'* Elise Sole, Featured expert. Jan 16.
- 2013 *Ask Dr. Annie Abram* (blog talk radio show). Women in Depression. Featured guest. March 11.
- 2012 *Dr. Howard Gluss* show: 'The Republican race war and the conservative media'. Featured guest, May 25.
- 2010 *Woman's Day* magazine: 'Understanding depression at mid-life'. Featured expert. November
- 2010 *Marie Claire* magazine: 'Love and race'. Featured expert. April.
- 2007-8 Host/producer of *Policy Brief*, a weekly 1-hour policy talk show on KSUB radio. October - March

WORKSHOPS & TRAINING

- 2019 *De-stigmatizing Mental Illness Among African Americans & Transition Age Youth, (all-day)* Los Angeles Department of Mental Health, June 25.
- 2019 *Gender in Tech*. Pulse 2019 (tech conference), San Francisco, CA, May 22
- 2019 *Balance for Better*, Gainsight, LA, February 27
- 2019 *Belonging at Work*, Gainsight, LA, February 27
- 2019 *Building Emotional Resilience to Combat Compassion Fatigue*, Public Counsel, LA, February 1
- 2018 *The Money-Side: An intro to budgeting and finance in human services*, Network for Social Work Management, April 18.
- 2018 *Preventing Burnout in Human Services*, Network for Social Work Management, February 21
- 2018 *Beating Burnout: Organizational and personal strategies for stress management in human services organizations*, Seattle University, February 7
- 2017 *Managing for Mental Health & Well-Being*, San Francisco Evening Rotary, June 15
- 2017 *Strategies for talking about race in the classroom*, USC Diversity Week, January 23.
- 2016 *4 Strategies 4 Stress-Busting, Faculty Retreat*, USC School of Social Work, November 2.
- 2010 *Answering the call: Telephone support for people living with bipolar disorder*. Sane, London, UK, Mar 3.
- 2009 *Working with communities*. Belize Red Cross, San Ignacio, Belize, June 20.
- 2009 *Program development and evaluation*. Belize Red Cross, Belize City, Belize June 18.
- 2009 *Evaluating academic programs*. St. John's College, Belize City, Belize June 17.
- 2009 *Keeping your mind: Surviving and thriving with mental illness*. NAMI, Seattle, February 3.
- 2008 *Effective strategies for working with groups*. Adult Education Center, Njeru, Uganda, July 16.
- 2008 *Effective strategies for working with support groups*. Women's Department, Ministry of Human Development and Social Transformation, Belize City, Belize, July 2.

- 2008 *Effective strategies for working with groups*. University of Belize, Belize City, Belize, June 25 & 26.
 2006 *Promoting Safe Motherhood*, Training of Community Health Workers, Njeru, Uganda, August 7.
 2006 *Promoting Safe Motherhood in Njeru*, Training of CBO leaders, Njeru, Uganda, August 4.
 2004 *HIV/AIDS and college students*. Training for Seattle University Residence Advisors. November 15.

UNIVERSITY ACTIVITIES

Diversity Committee, USC Suzanne Dworak-Peck School of Social Work, 2015 – present
COBI Faculty Fellow, USC Suzanne Dworak-Peck School of Social Work, 2015 - 2017
Advisory Committee, Women's Studies, Seattle University, (2012 – 2013)
Office for Wellness and Health Promotion Advisory Board, Seattle University (2008 – 2013)
Faculty Liaison, Social Work Alumni, Seattle University (2007 – 2013)
Lead Evaluator, Tent City Initiative, Seattle University (2004 – 2008)
Executive Committee, Global African Studies Program, Seattle University (2003 – 2013)
Advising Task Force, Seattle University (2004 – 2006)
Search Committee, Global African Studies, Seattle University (2004 – 2005)
Advisory Committee, Diversity, Citizenship and Social Justice Program, Seattle University (2003 – 2006)
PhD Dissertation Committee: Martine Pierre Pierre, Social Work, University of Texas, Austin 2009

PROFESSIONAL ACTIVITIES

American Journal of Public Health, Editorial Board (2015 - present)
Health Behavior and Policy Review, Consulting Editor (2013 – present)
African Journal of Midwifery and Women's Health, Editorial Board (2007 – 2015)
Journal of Social Work Education, Review Board (2008 – present)
American Journal of Health Behavior, Review Board (2007 – present)
Alpha Sigma Nu (Jesuit Honor Society), Judge for Annual Book Awards (2012)
Global Washington, Statewide Policy Panel, Seattle, WA (2010 – 2013)
Washington State Public Health Association, Board of Directors (2010 - 2011)
American Psychological Association, Behavioral and Social Scientist Volunteer (HIV/AIDS), (2006 - 2013)
King County (WA, USA) Ad Hoc Committee on Reducing Racial Disparities in Infant Mortality (2002)
Alameda County (CA, USA) Youth Services Task Force, Oakland, CA (1996 – 1997)
San Francisco County (CA, USA) Black Infant Health Improvement Project Task Force (1994 – 1995)

Referee: Culture, Health and Sexuality; American Journal of Health Behavior; Journal of the National Medical Association; Identities; Psychology, Health and Medicine, HIV/AIDS Section, American Public Health Association; National HIV Prevention Conference; Journal of Health Disparities Research and Practice; AIDS Care; National Science Foundation

Expert Witness Testimony: Asylum and withholding or removal petitions of gay Jamaicans, 2005 – 2013
 Collaborating Counsel:

Worker and Immigrant Rights Advocacy Clinic, Yale Law School
 Sexuality and Gender Law Clinic, Columbia University Law School
 Immigrant Rights Clinic, New York University Law School
 Sidley Austin, LLP
 Leete, Kosto & Wizner, LLP
 National Immigrant Justice Center
 Pennsylvania Immigration Resource Center
 Northwest Immigrant Rights Project

SELECTED COMMUNITY ACTIVITIES

Stability Leader, Stability Network 2015 -

Board of Directors, Health Alliance International (2006 – 2014)

Policy Analyst, Women and Children First, UK (2009-2010)

Board of Directors, Atlantic Street Center, Seattle, WA (2005-2008)

Student Rep., Doctoral & Admissions Committees, UC Berkeley School of Social Welfare (1994 – 1995)

Sexual Health Educator, Planned Parenthood San Francisco/Alameda, CA (1993 – 1995)

Conflict Mediator, Community Boards, San Francisco, CA (1993 – 1994)

PROFESSIONAL AFFILIATIONS

American Academy of Health Behavior (Affiliate) (2010 – 2015)

Council for Social Work Education (2013- present)

American Public Health Association (2001 - present)

Society for Social Work and Research (2007 – 2013)

White Ribbon Alliance (2005 – present)