

RUTH C. WHITE, PH.D, MPH, MSW

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SUMMARY

- 20+ years in all phases of the research process from design to data analysis to presenting findings, with a specialization in program evaluation.
- 15+ years teaching diversity/inclusion, management, program evaluation, research methods, data analysis, group work, organizational change, community development, policy, and global development at University of Southern California, Seattle University, San Francisco State University, UC Berkeley and McGill University.
- Highly skilled cross-cultural practitioner.
- Improved health and social welfare outcomes of communities in the US, Belize, and Uganda.
- Authored and edited several books and blogs, with a forthcoming title on mental wellness.
- Media appearances include *BBC World Service*, *The Economist*, *Financial Times*, *Black Enterprise*, *Seattle Times*, *Marie Claire*, and *Slate*.

EXPERIENCE

TRAINING & COMMUNICATION

- Received excellent feedback for teaching and training thousands of students and professionals including journalists, health and human service professionals, and engineers.
- Taught using case study, group work and experiential pedagogical strategies.
- Developed professional development modules for licensing requirements.
- Authored and edited books, academic papers, magazine features, newspaper op/eds, and blogs.
- Presented academic papers and gave keynotes and lectures to a wide variety of audiences.

MANAGEMENT, HUMAN RESOURCES & CLIENT RELATIONS

- Founded and managed a highly successful health project in Uganda that brought together government, NGOs, and community members to provide training, education and fiscal/in-kind support that increased utilization of essential health services by 300% between 2005 and 2008.
- Planned and oversaw strategic initiatives and succession plans as an active member of boards of directors for a state-level public health organization, a global health services NGO, and a community-based human services agency.
- Mentor and coach professionals in social welfare, human resources, finance, and accounting.
- Provided excellent client service in retail banking, fashion retail and human services.
- Teach management and program evaluation to graduate students at the University of Southern California.

RESEARCH & ANALYSIS

- Designed and implemented large-scale research projects funded by governments and foundations.
- Collected, analyzed and interpreted qualitative and quantitative data for stakeholders such as funders, communities, and organizations.
- Taught research methods and data analysis for 15+ years.
- Review research papers for leading journals and professional organizations such as the *American Academy of Health Behavior* and the *American Public Health Association* among others.

MONITORING & EVALUATION

- Evaluated community-based and state-level initiatives in education, health and human services.
- Provided technical assistance in evaluation to organizations and governments in the US, Canada, Belize and Uganda.
- Produced comprehensive evaluation reports for diverse stakeholders including governments, universities, donors, organizations and communities.

EDUCATION

Ph.D. Social Welfare	University of California, Berkeley	2002
MPH Maternal & Child Health, International Health	University of California, Berkeley	1997
MSW	McGill University Montreal, Canada	1991
B.Soc. Sci Sociology	University of Ottawa	1989
BSW	McGill University Montreal, Canada	1988

ADDITIONAL COURSEWORK

London School of Economics & Political Science (2011): Public Finance; Political Economy of Public Policy.
Seattle University (2010 – 2013): Human Resource Management, Financial Accounting, Economics of Gender and Family, Microeconomic Principles; Macroeconomic Principles; Intermediate Microeconomics; Intermediate Macroeconomics.

EMPLOYMENT

Clinical Associate Professor	University of Southern California School of Social Work	2013 –
Assistant / Associate Professor	Seattle University Dept. of Anthropology, Sociology & Social Work	2002 – 2013
Adjunct Professor	San Francisco State University School of Social Work	1999 – 2002
Research Analyst	SRI International Menlo Park, CA	1997 – 2002
Teaching Assistant	University of California, Berkeley School of Social Welfare	1998 – 1999
Research Assistant	University of California, Berkeley School of Social Welfare	1994 – 1998
Social Worker	Florence Crittenton Services San Francisco, CA	1993 – 1994
Classification Officer	Metro Toronto West Detention Center Toronto, Canada	1991 – 1993
Teaching Assistant	McGill University School of Social Work Montreal, Canada	1991
Youth Worker	Shawbridge Youth Centres Montreal, Canada	1989 – 1991
Teller / Customer Service / Current Accounts Manager	Bank of Nova Scotia Ottawa & Montreal, Canada	1981 – 1989

SELECTED PUBLICATIONS

White, R. C. (in progress). *Four Simple Steps to Mental Well-being*. Carlsbad, CA: Motivational Press

White, R. C. (2014) *Preventing Bipolar Relapse*. Oakland, CA: New Harbinger Press.

White, R. C. (2014) Editor. *Global Case Studies in Maternal and Child Health*. Boston: Jones & Bartlett.

White, R. C. (2014). Gay rights are human rights. *The Gleaner* (Jamaica), May 27. (Letter)

White, R. C., & Gerke, D. (2007). Gendered experiences of sexuality-based discrimination in Jamaica. In M.V.L. Badgett and J. Frank, *Sexual Orientation Discrimination: An international perspective*, New York: Routledge, p. 153-163.

SELECTED PROFESSIONAL ACTIVITIES

Affiliate	American Academy of Health Behavior	2010 –
Review Board	American Journal of Health Behavior	2007 –
Reviewer	American Public Health Association	2003 –
Board of Directors	Health Alliance International Seattle, WA	2006 – 2014
Fellow	World Affairs Council Seattle, WA	2012 – 2013
Board of Directors	Washington State Public Health Association	2010 – 2012
Board of Directors	Atlantic Street Center Seattle, WA	2005 – 2008